



Goldfoods

A Florida-based Company
that delivers
the highest quality
seeds and grains,
both organic and natural
produced by farmers
in South America.

About Us

We are what we eat, and good nutrition is the foundation for good physical and mental health. GoldFoods encourages the consumption of different foods for their health benefits.

We grow and harvest our seeds in the subtropical climate of eastern Bolivia, where rainfalls are limited and frosts are nonexistent.

The region is known for its temperate climate year round. This part of Bolivia experiences little rain and short winters. At GoldFoods, we ensure that the family farms we work with use environmentally friendly methods to protect the integrity of the products we sell to consumers.

These conditions give our seeds many of their precious qualities including high amounts of omega 3 and omega 6. Our products are also considered the best quality because we let them ripen naturally.



Did you know that GoldFoods offers two kinds of Chia – black and white? Certified Organic and natural?





GoldFoods: The Caviar of Seeds

Our quality control and selection process starts in the fields.



Our company is constantly developing innovative products for the health-conscious consumer.



Our goal is to provide the consumer with the best product on the market.

An excellent source of energy for athletes, vegans and people with high cholesterol.



Chia Seeds

GoldFoods offers two kinds of Chia black and white, certified organic and natural.

Why it's good for you

- 🌱 Non-GMO and Gluten Free.
- 🌱 A rich source protein, essential amino acids, dietary fiber And omega 3 fatty acids.
- 🌱 8 times more OMEGA 3s than fish.
- 🌱 7 times more VITAMIN C than oranges.
- 🌱 5 times more CALCIUM than milk.
- 🌱 4 times higher ANTIOXIDANTS than blueberries.
- 🌱 3 times more IRON than spinach.
- 🌱 2 times more POTASSIUM than bananas.
- 🌱 Complete PROTEIN with all 8 essential AMINO ACIDS.





Quinoa

High in quality protein with essential amino acids double that of other seeds and grains.

- High in dietary fiber compared to other grains.
- Contains essential fatty acids, which the body can't produce.
- Helps control of blood sugar levels and is ideal for people with diabetes.
- Helps reduce blood pressure.
- High in vitamin E, which acts as a natural antioxidant.
- A great source of vitamins B2 and folic acid.



Chia Pearls

Novelty Product

Chia Pearls is a unique supplement that captures all the nutritional benefits of chia in an oil-based capsule.



Chia Pearls is a nutritional supplement known for its many therapeutic qualities:

Chia oil contains high amounts of omega 3s, which can lower triglyceride levels. It's a vasodilator* and has been associated with an increased flexibility of the arteries*.

Taking chia-based food supplements can help with the following conditions*:

- 🌿 Celiac disease, Gastrointestinal problems*.
- 🌿 Depression, Stress, Immune weakness*.
- 🌿 Diabetes, Obesity*.
- 🌿 Tumors, Psoriasis, Arteriosclerosis*.
- 🌿 Pregnancy, Lactation, Growth*.
- 🌿 Cardiovascular and Pulmonary Diseases*.
- 🌿 Arthritis, Asthma, Anemia*.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat or prevent any disease.



Organic Fruit Powder

- Contains essential fatty acids, which the body can't produce. High in vitamin E, which acts as a natural antioxidant.
- Our fruit powder is made from 100 percent organic fruit. We don't use dyes or chemicals in the process of making it's high.
- GoldFoods Fruit Powder is perfect for baking and making ice cream and other desserts. It is low in calories compared to dried fruit.
- It's high in fiber, which promotes good digestion and helps keep cholesterol levels low, reducing the risk of heart disease. Including adequate amounts of fiber in your diet also decreases the chance of developing colon cancer*.



Pink Salt

Pink Salt is recognized for its beautiful color and rich mineral content.

Our Pink Salt is 100 percent natural, with no additives.

Benefits of pink salt*:

- Contains 84 minerals.
- Boosts the immune system.
- Promotes healthy internal Ph.
- Cleanses the body of toxins.
- Helps the body absorb nutrients.
- Doesn't cause water retention.
- Doesn't increase blood pressure.
- Decreases the desire to eat sweets.
- Improves the absorption of calcium.





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